



Haydon Wick's Vocabulary Progression Map

Curriculum Map

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Fundamentals: Unit 1 Introduction to PE: Unit 1	Ball Skills: Unit 1 Introduction to PE: Unit 2	Fundamentals: Unit 2 Dance: Unit 1	Ball Skills: Unit 2 Gymnastics: Unit 1	Games: Unit 1 Dance: Unit 2	Games: Unit 2 Gymnastics: Unit 2
Key Stage 1	Fitness Yoga	Gymnastics Fundamentals	Dance Ball Skills	Invasion Games Sending and Receiving Games	Athletics Net and Wall Games	Team Building Striking and Fielding Games
Key Stage 2	Fitness Yoga	Gymnastics Ball Skills (Year 3) Invasion	Dance Invasion Games	Invasion Games Net and Wall Games Sending and Receiving Games	Athletics Net and Wall Games	OAA Striking and Fielding Games

EYFS

Vocabulary Progression	Term	EYFS
Vocabulary	1 Fundamentals: Unit 1	Run, Stop, Space, Jump, Balance, Skip
	2 Ball Skills: Unit 1	Run, Stop, Throw, Roll, Team, Kick, Space, Catch
	3 Fundamentals: Unit 2	Run, Stop, Space, Jump, Balance, Skip
	Dance: Unit 1	Move, Copy, Shape, Space, Safely, Around, Travel, Sideways, Forwards, Backwards
	4	Run, Stop, Throw, Roll, Team, Kick, Space, Catch

	Ball Skills: Unit 2	
	Gymnastics: Unit 1	Move, Copy, Over, Shape, Space, Rock, Around, Safely, Sideways, Travel, Forwards, Backwards
5	Games: Unit 1	Aim, Space, Team, Pass, Safely, Balance, Run, Pass, Roll, Team, Space, Safely, Around, Forwards, Backwards, Catch, Throw, Bounce
	Dance: Unit 2	Move, Copy, Shape, Space, Safely, Around, Travel, Sideways, Forwards, Backwards
6	Games: Unit 2	Aim, Space, Team, Pass, Safely, Balance, Run, Pass, Roll, Team, Space, Safely, Around, Forwards, Backwards, Catch, Throw, Bounce
	Gymnastics: Unit 2	Move, Copy, Over, Shape, Rock, Space, Around, Safely, Sideways, Travel, Forwards, Backwards

Key Stage 1 and 2

Vocabulary Progression	Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Vocabulary	1 Fitness	Fast, Jump, Hop, Flow, Direction, Balance, Bounce	Strong, Pace, Race, Speed, Jog, Steady, Sprint	Strength, Accurately, Distance, Balance, Control	Technique, Co-ordination, Healthy, Progress, Muscle, Stamina	Technique, Momentum, Rhythm, Agility, Drive, Power	Generate Force, Continuous, Measure, Flexibility, Analyse, Record
	Yoga	Feel, Breath, Copy, Listen, Slowly	Focus, Position, Flow, Pose, Create, Choose	Strength, Try, Link, Perform, Flexibility, Perform, Technique	Relax, Stable, Control, Grounded, Mindfulness, Down Dog	Quality, Develop, Notice, High Lunge, Calm, Fluidity	Salutation, Transition, Aware, Collaboratively, Practice, Connected
	2 Gymnastics	Action, Jump, Roll, Level, Direction, Speed, Point, Balance	Link, Pathway, Sequence, Tuck, Straddle, Speed, Star, Pike	Flow, Explore, Create, Matching, Interesting,	Quality, Perform, Inverted, Technique,	Symmetrical, Rotation, Aesthetics, Canon,	Formation, momentum, Counter Balance,

				Control, Contrasting	Apparatus, Extension	Asymmetrical, Synchronisation, Progression	Fluently, Counter Tension, Stability
	Invasion Games	Defender Points, Dribbling, Attacker, Score, Partner	Received, Send, Teammate, Chest Pass, Possession, Goal, Dodge, Bounce Pass	Receiver, Footwork, Rebound, Tracking, Interception, Mark, Travelling, Playing Area	Outwit, Opposition, Opponent, Contact, Pivot, Court, Field, Pitch	Tactics, Control, Foul, Pressure, Onside, Offside, Support, Obstruction	Consecutive, Consistently, Dictate, Contest, Formation, Conceding, Turnover, Shut Down
	Fundamentals	Fast, Hop, Slow, Direction, Land, Safely	Dodge, Jog, Hurdle, Speed, Steady, Sprint				
	Ball Skills			Track, Receive, Chest, Shoulder, Overhead, Accurate			
	3 Dance	Counts, Pose, Level Slow, Fast, Balance	Mirror, Action, Pathway, Direction, Speed, Timing	Flow, Explore, Create, Perform, Match, Feedback, Expression	Reaction, Unison, Represent, Dynamics, Control	Formation, Posture, Performance, Canon, Relationship	Phrase, Structure, Connect, Choreograph, Contrast, s Structure, Fluently, Connect
	Invasion Games	Defender Points, Dribbling, Attacker, Score, Partner	Received, Send, Teammate, Chest Pass, Possession, Goal, Dodge, Bounce Pass	Receiver, Footwork, Rebound, Tracking, Interception, Mark, Travelling, Playing Area	Outwit, Opposition, Opponent, Contact, Pivot, Court, Field, Pitch	Tactics, Control, Foul, Pressure, Onside, Offside, Support, Obstruction	Consecutive, Consistently, Dictate, Contest, Formation, Conceding, Turnover, Shut Down
	Ball Skills	Far, Aim, Safely, Direction, Balance, Send	Overarm, Collect, Target,				

			Underarm, Dribble, Distance				
	4 Invasion Games	Defender Points, Dribbling, Attacker, Score, Partner	Received, Send, Teammate, Chest Pass, Possession, Goal, Dodge, Bounce Pass	Receiver, Footwork, Rebound, Tracking, Interception, Mark, Travelling, Playing Area	Outwit, Opposition, Opponent, Contact, Pivot, Court, Field, Pitch	Tactics, Control, Foul, Pressure, Onside, Offside, Support, Obstruction	Consecutive, Consistently, Dictate, Contest, Formation, Conceding, Turnover, Shut Down
	Sending and Receiving Games	Points, Throw, Far, Distance, Score, Partner	Accurate, Send, Teammate, Against, Overarm, Release, Target, Underarm	Rules, Dodge, Drive, Receiver, Putt, Court/Course, Block	Communicate, Chipping, Opponent, Swing, Protect, Align	Tactics, Par, Hole, Officiate, Pressure, Fair Play, Power	Support, Cooperatively, Tournament, Hazard, Consistently, Sportsmanship, Outwit, Bunker
	Net and Wall Games	Ready Position, Partner, Net, Underarm, Score, Points	Receive, Quickly, Trap, Defend, Return, Collect, Against	Serve, Accurately, Track, Racket, Control, Rally, Opponent	Outwit, Receiver, Court, Backhand, Forehand	Tactics, Volley, Co-operatively, Footwork, Continuously, Set, Dig	Consecutive, Deep, Consistently, Forecourt, Backcourt, Defensive, Attacking
	5 Athletics	Far, Hop, Aim, Fast, Slow, Bend, Improve, Direction, Travel	Sprint, Jog, Distance, Height, Take Off, Landing, Overarm, Underarm	Speed, Power, Strength, Accurately, Higher, Pace, Control, Faster, Further	Power Stamina, Officiate, Perseverance, Determination, Accuracy, Personal Best	Technique, Downsweep, Upsweep, Flight, Rhythm, Stride	Rotation, Force, Compete, Trajectory, Momentum, Continuous Pace, Transfer of Weight
	Net and Wall Games	Ready Position, Partner, Net,	Receive, Quickly, Trap, Defend,	Serve, Accurately, Track, Racket,	Outwit, Receiver, Court, Backhand, Forehand	Tactics, Volley, Co-operatively, Footwork,	Consecutive, Deep, Consistently,

		Underarm, Score, Points	Return, Collect, Against	Control, Rally, Opponent		Continuously, Set, Dig	Forecourt, Backcourt, Defensive, Attacking
	6 OAA	Lead, Co-operate, Teamwork, Solve, Instructions	Support, Successful, Map, Direction, Communicate	Rules, Route, Trust, Navigate, Grid, Discuss, Plan	Leader, Inclusive, Effectively, Orientate, Symbol	Collaborate, Tactical, Control Card, Collective, Orienteering, Navigation	Location, Boundaries, Critical Thinking, Symbol, Co-operatively, Strategy
	Striking and Fielding Games	Hit, Points, Target, Throw, Score, Catch	Fielder, Send, Teammate, Runs, Batter, Received, Bowler	Stroke, Grip, Rounder, Backstop, Bowl, Post, Wicket, Batting, Wicket Keeper, Fielding	Stance, Retrieve, Opposition, Stumped, Two-Handed Pick Up, Technique, Short Barrier	Pressure, Overtake, Tracking, Backing Up, Outwit, Support, Tactics	Obstruction, c Consecutive, Consistently, Co-operatively, Drive Hit, Defensive Hit

Swimming vocabulary for all years.

At Haydon Wick, swimming happens in Year 3 and Year 6.

Vocabulary Progression	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Vocabulary for swimming	Exit, Enter, Front, Travel, Rules, Safely, Kicking Back	Pulling, Splash, Unaided, Gliding, Floating, Breathing	Sculling, Crawl, Breaststroke, Submersion, Rotation, Backstroke	Stroke, Huddle, Alternate, Survival, Treading Water, Buoyancy	Exhale, Flutter Kick, Surface, Somersault, Personal Best, Inhale	Endurance, Propel, Continuous, Streamline, Synchronised, Retrieve