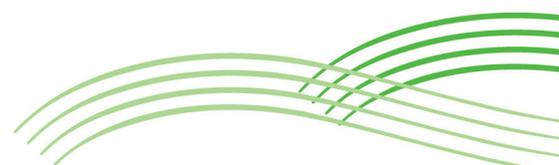




PHSE Policy

Key Document details:

Author:	A Gale	Approver:	Quality Man/CEO
Owner:	Responsible for the policy	Version No.:	Updated each amendment
Date:	Sept 2017	Next review:	Annual
Ratified:	Sept 2017		



Introduction

The National Curriculum has identified personal, social and health education as a dimension that permeates the whole curriculum with an important cross-curricular theme. Taken together personal, social and health education ***'is the entitlement of all young people and the responsibility of all the teachers'***.

At Haydon Wick School we recognise the importance of education for the development of the whole child. PSHE and Citizenship helps to give pupils the knowledge and understanding they need to lead healthy, independent lives and to become active and responsible citizens.

Section 1 of the 1988 Education Reform Act requires schools to provide a broad and balanced curriculum, which 'promotes the spiritual, moral, cultural, mental and physical development in school and society' and 'prepares pupils for the opportunities, responsibilities and experiences of adult life'.

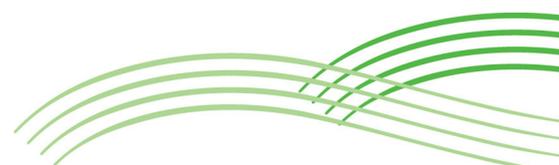
In order to achieve this, PSHE and Citizenship are taught throughout the school giving the children skills and knowledge that they will need in later life. It is our aim to assist parents in preparing children through the acquisition of knowledge, attitudes and skills for the challenges of maturity, to help them make informed decisions for the health and welfare of themselves and others. The school is fully committed to the Every Child Matters agenda.

How PSHE and Citizenship contributes to our school aims.

- Providing the knowledge, skills and understanding they need to lead confident, healthy independent lives.
- Providing the knowledge, skills and understanding they need to become informed, active and responsible citizens.
- Promoting and fostering social skills, self-esteem and responsibility for their own learning.
- Supporting and promoting attitudes, practises and understanding conducive to personal and social development, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.
- Educating and providing information about the main political and social institutions that affect, their responsibilities, rights and duties as individuals and members of communities.
- Helping children to understand and respect our common human diversity and differences so that they can go on to form the effective fulfilling relationships that are an essential part of life and learning.

The National Curriculum Framework for PSHE

At Haydon Wick School, PSHE and Citizenship are designed to meet the needs of our pupils. In order to achieve this, we have used the National Curriculum Framework as guidance for our continual good practice. We use the Jigsaw PSHE scheme.



Planning, Teaching and Learning

Foundation Stage

We teach PSHE and citizenship in the foundation classes as an integral part of the topic work covered during the year. As part of the Foundation Stage of the National Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support citizenship education in the foundation stage when we teach 'how to develop a child's knowledge and understanding of the world'.

Key Stage 1 and 2

PSHE is taught through cross-curricular links, Values education and the Jigsaw teaching resources.

The Jigsaw scheme shows development through each Key Stage and ensures continuity and progression. All planning considers catering for differing needs and abilities, multi-cultural and gender issues and assessment and monitoring procedures. There are also opportunities for teachers to build in PSHE and Citizenship to any subject being taught if the need arises.

We use a range of teaching and learning styles to meet the PSHE and citizenship requirements of the National Curriculum. We emphasise active learning by including the children in discussions, circle time, investigations and problem solving activities. We encourage children to take part in a range of tasks that promote active citizenship, for example charity fundraising, the planning of special school events (such as an assembly or open evening), involvement in helping other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts. We offer children to hear visiting speakers, such as health workers, police, and local clergy, whom we invite into the school to talk about their role in creating a positive and supportive local community. Parents do have the right to withdraw their child from any area of PSHE.

We also develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters. We offer a residential visit to Osmington Bay in Weymouth in Key Stage 2, where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operative skills.

Resources

A variety of resources are available in school including recommended books and packs linked to specific subjects. These are kept in the PSHE section in the resources room, and in the PSHE section on the teacher's server.

Health and Safety

Haydon Wick School follows its Health and Safety policy at all times. This includes the teaching of PSHE and Citizenship and the handling of resources. Visitors and volunteers are reminded about their duties and responsibilities when working in the school environment. All school trips are organised with reference to the school's framework/guidance to ensure the health and safety of all our pupils.

Equal Opportunities

At Haydon Wick School we provide an equal opportunity for learning about all areas of the curriculum. Every child, regardless of gender, culture, religion, race or social factors, is to take an active role in PSHE. Everyone is encouraged to actively participate, to have opinions, feelings and problems listened to and responded to in a classroom that is conducive to a feeling and atmosphere of equality and the importance of everyone.

Main Responsibilities of the Co-ordinator

It is the responsibility of the PSHE Co-ordinator to:

- Provide schemes of work
- Co-ordinate whole school provision
- Manage and update resources
- Monitor teaching and learning
- Attend relevant courses and give appropriate feedback
- Carry out development planning
- Hold regular meetings with Healthy Schools Co-ordinator re achieving Healthy Schools Standard.

PHSE and Citizenship and Inclusion

At Haydon Wick School we recognise the needs of ALL our pupils and meet their learning needs through effective differentiation. We consider the emotional, social and personal needs of our pupils and these are identified through pupil involvement in different PSHE activities. We use the context of the school and experiences in and around the school in order to effectively organise PSHE and Citizenship in our curriculum. We take into consideration the home backgrounds of our pupils and will consult parents or guardians if applicable. If necessary we will split boys and girls especially for some issues of sex education but we will provide equal opportunities for all pupils, including those with diverse cultural or ethnic needs.

Assessment

Our teachers assess the children's work in PSHE and citizenship by making informal judgements, as they observe them during lessons, and gauging it against specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage.

The achievements of pupils in PSHE and citizenship are reported to parents each year in the annual report.

We do not set formal examinations in PSHE and citizenship. The assessments that we make are positive and record achievement in its widest sense.

Healthy Schools Initiative

Haydon Wick School currently holds the Healthy Schools Award. This initiative has key areas:

- The whole school, its ethos, community and environment
- PSHE and Citizenship
- Physical Activity
- Food and Healthy Eating
- Safety
- Emotional Health and Well-being

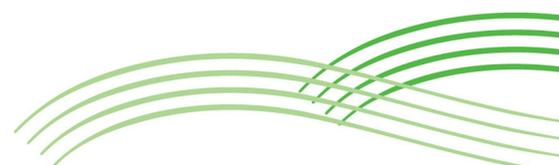
The aim of the Healthy Schools Award is to extend existing good practice throughout every area of school life.

Scheme of Work

We use the Jigsaw scheme of work in conjunction with Values education. The Jigsaw themes are: Being me in my world, celebrating difference, dreams and goals, healthy me, relationships and changing me.

Links with other policies

This policy links particularly to the following policies: Values education, Confidentiality, Sex and Relationships Education, Drug Education, Child Protection, Behaviour, Anti-bullying and Food.



PSHE SCHEME OF WORK

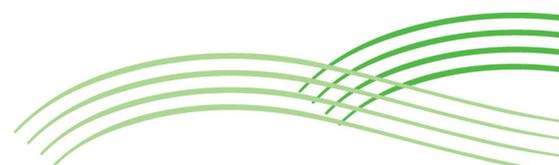
We use the QCA scheme of work in conjunction with our own scheme which is attached. The areas of PSHE programme of study have been identified under the following headings:

**Self Esteem; Me and My Body; Families, Friends & Society;
My Community and the Wider World; Drug Education;
Sex and Relationship Education.**

Reception

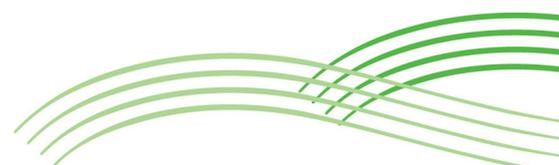
Self Esteem	Me & my body	Families, Friends & Society	My community & the wider world	Drug Education	Sex & Relationships Education
My achievements	The senses	My home and family	The place where I live		Differences between sexes
My likes	Names of body parts	People who are special to me	Safe places		
My dislikes	I'm special	Feelings and friendship	I can make choices		
Things I can do independently	We are different	Secrets	Keeping myself safe		
Naming feelings	Exercise	Different families	My place in school		
People who support me	Rest	My place in my family/ Relationships	Looking after my house		
I am special	Healthy eating	Learning to get on with others	Looking after my school		
Valuing other people	Growth and change	People who can help me	Looking after possessions		

Understanding other people's needs	Looking after myself	Caring for people/pets	Personal safety		
Being responsible for myself	Safety	Respecting others	Respect for differences		
I am unique	Being unwell	How my behaviour affects others	Helping others in the community		
	Importance of physical activity	Criteria for a good friend	Leisure activities		
	Hygiene	Falling out of friendship	Helping people in other countries		
	How to keep well	Helping others	My contribution to school life		
		Growing up			
		Getting older			
		Loss and bereavement			
		Different kinds of bullying			

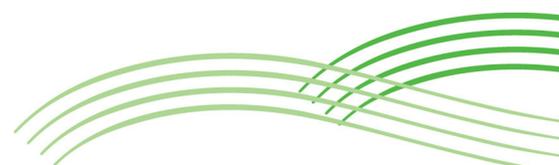


Year 1

Self Esteem	Me & my body	Families, Friends & Society	My community & the wider world	Drug Education	Sex & Relationships Education
My likes	The senses	My home and family	The place where I live		
My dislikes	Names of body parts	People who are special to me	My place in school		
Named feelings	I'm special	People who can help me	Looking after my school		
Valuing other people	We are different	Growing up			
	Growth & change	Getting older			
	Changes within the body				



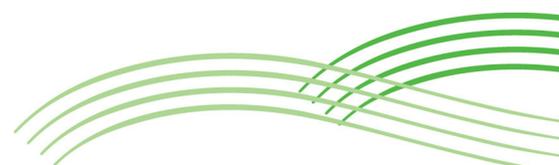
Self Esteem	Me & my body	Families, Friends & Society	My community & the wider world	Drug Education	Sex & Relationships Education
My likes	The senses	My home and family	The place where I live	Valuing my body	Differences between sexes
My dislikes	Names of body parts	People who are special to me	Safe places	Attitudes to alcohol	Honesty
Naming feelings	I'm special	Feelings and friendship	I can make choices	Attitudes to tobacco	Loyalty
People who support me	We are different	Learning to get on with others	Keeping myself safe	Attitudes to different drugs	
Valuing other people	Exercise	People who can help me	My place in school		
Understanding other people's needs	Rest	Caring for people/pets	Looking after my house		
Taking responsibility	Healthy eating	Respecting others	Looking after my school		
	Growth and change	How my behaviour affects others	Looking after possessions		
	Looking after myself	Criteria for a good friend	Personal safety		
	Safety	Falling out of friendship	Respect for differences		
	Importance of physical activity	Loyalty/trust	Leisure activities		



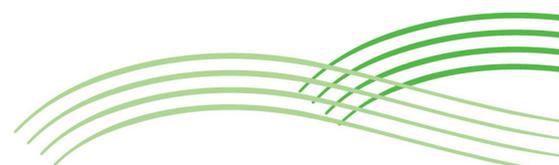
	Hygiene	Wider families	Helping people in other countries		
	How to keep well	Loss and bereavement	Supporting each other		
		Making new friends			
		Celebrate diversity			



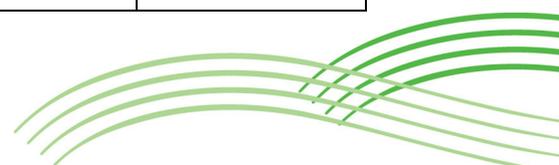
Self Esteem	Me & my body	Families, Friends & Society	My community & the wider world	Drug Education	Sex & Relationships Education
My achievements	I'm special	People who are special to me	Looking after possessions	People who support me	
My likes	We are different	Feelings and friendship	Respect for differences	Communication of ideas	
My dislikes	Healthy eating	Learning to get on with others			
People who support me		Criteria for a good friend			
Managing feelings		Falling out of friendship			
My goals in life I am special		Helping others			
Valuing other people		Making new friends			
Understanding other people's needs		Different kinds of bullying			



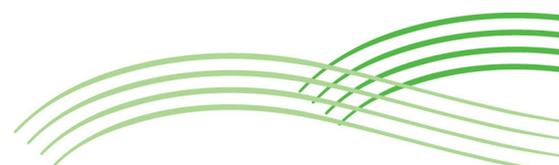
Self Esteem	Me & my body	Families, Friends & Society	My community & the wider world	Drug Education	Sex & Relationships Education
My achievements	I'm special	People who are special to me	Looking after possessions	People who support me	
My likes	We are different	Feelings and friendship	Respect for differences	Communication of ideas	
My dislikes	Healthy eating	Learning to get on with others			
People who support m		Criteria for a good friend			
Managing feelings		Falling out of friendship			
My goals in life I am special		Helping others			
Valuing other people		Making new friends			
Understanding other people's needs		Different kinds of bullying			



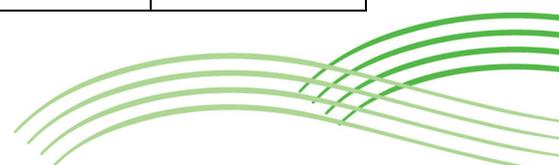
Self Esteem	Me & my body	Families, Friends & Society	My community & the wider world	Drug Education	Sex & Relationships Education
My achievements	I'm special	Feelings and friendship	Looking after my school		Mutual respect
My likes	We are different	Different families	Looking after possessions		Honesty
My dislikes	Exercise	Learning to get on with others	Respect for difference		Loyalty
Things I can do independently	Healthy eating	Falling out of friendship	Helping people in other countries		
Naming feelings	What does being healthy mean	Helping others			
My goals in life I am special	Importance of physical activity	Getting older			
Valuing other people	Hygiene	Ways I like to be treated			
Understanding other people's needs		Ways I should treat people			
Being responsible for myself		Different kinds of bullying			
Being responsible for others					



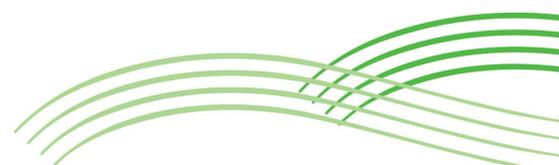
I am unique					
Decision making					
Taking responsibility					



Self Esteem	Me & my body	Families, Friends & Society	My community & the wider world	Drug Education	Sex & Relationships Education
My achievements	The senses	Feelings and friendship	I can make choices	Valuing my body	Differences between sexes
My likes	Names of body parts	Learning to get on with others	Keeping myself safe	People who support me	Trust
My dislikes	I'm special	Respecting others	My place in school	Communication of ideas	Coping with changes
People who support me	We are different	How my behaviour affects others	Looking after possessions	Identifying risk	Dealing with feelings
Managing feelings	Exercise	Criteria for a good friend	Personal safety	When to ask for help	Respecting differences
My goals in life I am special	Rest	Falling out of friendship	Respect for differences	Looking after myself	Mutual respect
Valuing other people	Healthy eating	Loyalty/trust	Helping others in the community		Honesty
Understanding other people's needs	Growth and change	Understanding others	My contribution to school life		Loyalty
Being responsible for myself	Looking after myself	Helping others	My role in the community		Change in puberty
Being responsible for others	What does being healthy mean	Growing up	How others change society		



Preparing for change	How my body works	Getting older			
I am unique	Changes within the body	Ways I like to be treated			
Decision making	Coping with changes	Ways I should treat people			
Taking responsibility	Cycling proficiency	Rights and responsibilities			
	Hygiene	Different kinds of bullying			
	Influence on my health				
	Coping with exams				
	Healthy mind				



SEAL Scheme of Work

Theme by theme

The curriculum materials consist of seven themes, which are designed to fit within the pattern of the school year and with planning across the curriculum.

The seven themes are:

Theme 1: New beginnings

Theme 2: Getting on and falling out

Theme 3: Say no to bullying

Theme 4: Going for goals!

Theme 5: Good to be me

Theme 6: Relationships

Theme 7: Changes

These same 7 themes are repeated in each year group but deal with different issues which are appropriate to the age.

